

Preparing for Your Child's Autism Evaluation

Resilience Psychiatry offers comprehensive autism diagnostic evaluations for children and teens at the East Setauket office. This guide explains each step and what to gather beforehand, so your family gets the most from the visit.

Ages

Children and adolescents ages 2 to 17. Adults can contact the office to discuss options.

Referral

Not required. Families can book directly.

Where

The ADOS-2 is done in person in East Setauket. Some follow-ups may be by telepsychiatry.

Fee

Comprehensive evaluation including the ADOS-2: $2,000.

How the evaluation works

1

Parent and child interviews

A review of developmental, medical and school history and your current concerns.

2

ADOS-2 session

A standardized assessment given in person at the East Setauket office.

3

Psychiatric evaluation

Considers co-occurring concerns such as anxiety, ADHD or mood.

4

Feedback and next steps

Findings are explained in plain language and a plan is outlined.

What to bring

- [ ] Prior evaluations.
- [ ] School records, including IEP or 504 documents.
- [ ] Medical records.
- [ ] A list of current medications.
- [ ] Notes on developmental milestones.

About the ADOS-2

- A standardized, play and conversation based assessment guided by a trained examiner.
- It looks at social communication, play and imagination, and restricted or repetitive behaviors.
- It is one part of an evaluation and is not used alone to diagnose.

What you receive

- A clear explanation of the findings.
- A written summary with diagnosis and recommendations.
- Referrals to community services when needed.
- The option of ongoing psychiatric care.

Your clinician

- Evaluations are led by **Dr. Jessica Carbajal Cáceda, MD**, a board-certified child and adolescent psychiatrist and certified ADOS-2 administrator.
- She speaks English and Spanish.

Good to know

- The practice may also ask for input from teachers or other caregivers.
- A school evaluation determines educational eligibility. A clinical evaluation addresses diagnosis and overall mental health.
- New child patients, including those booking an ADOS-2 evaluation, are usually seen within one week.

Cost and payment

- The practice is **out-of-network**. You pay at the time of service and receive a superbill for possible insurance reimbursement.
- HSA and FSA cards are accepted.

Need urgent help? Resilience Psychiatry is not an emergency service. If you are in crisis, call or text 988. In an emergency, call 911.

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Book online through Zocdoc · **Call** (631) 371-4844 · **Visit** 46 NY-25A, Suite 4, East Setauket, NY 11733

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